



TIPS & TRICKS FOR FUNDRAISING AND RECRUITING!

TIPS TO RECRUIT TEAM MEMBERS

- Set up a table at school during MS Awareness Week and give information about MS and Team of the Future to your classmates.
- Talk to your teachers about going into different classrooms to share information about the event or give an announcement over the intercom or school news about Team of the Future.
- Talk to your friends and family about joining Team of the Future and ask them to pass the information on to other peers.
- Wear a different National MS Society shirt or an orange shirt each day to school during MS Awareness Week.
- Talk to school organizations, like the National Honor Society, school government, sports teams, bands and choirs about joining.
- If you and your classmates need volunteer hours for a certain class, talk to your teacher to see if you can receive hours for participating in a Walk or Volunteer team.
- Create a registration flyer to collect others' information and use this to register them yourself.

TIPS ON RAISING MONEY

- Bake sale
- Car wash
- Ask family or friends for donations
- Recycle cans or old cell phones to get cash
- Shovel snow or mow lawns
- Have a garage sale
- Babysit
- Work with a local restaurant to sponsor a night in which they donate proceeds back to your team.
- In exchange for a donation, give an item that will help spread awareness, like an orange ribbon or button.

TRICKS TO HELP INCREASE FUNDRAISING

- Create a competition between siblings, friends or grades to see who can raise the most money.
- Tell others your connection to MS by telling your story.
- Create a Facebook group for your team. Post notes of encouragement, facts about MS or regular updates on how your team is doing.
- Create a goal and use a visual aid, like a thermometer and fill it in as you go to show your team how much they have raised.
- Challenge each of your teammates to raise a minimum amount. Even a little bit goes a long way!